

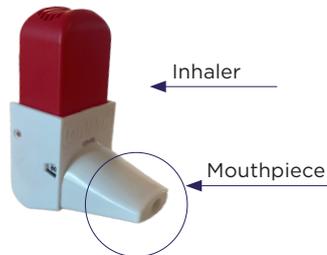
INSTRUCTIONS FOR USE

YOU HAVE BEEN GIVEN A BUFOMIX EASYHALER

This leaflet is aimed for people who have been prescribed a Bufomix Easyhaler to treat asthma or chronic obstructive pulmonary disease (COPD).

WHAT IS BUFOMIX EASYHALER?

Bufomix Easyhaler is a dry powder inhaler for the treatment of asthma or COPD. It is easy to use and does not contain any propellants. You breathe the powder into your lungs through the mouthpiece on the inhaler. The Bufomix Easyhaler has a clear counter that shows how many doses are left.



Mouthpiece protector (dust cap)

Make sure that the protector (dust cap) covers the mouthpiece of the Bufomix Easyhaler. The cover prevents the inhaler from being activated.



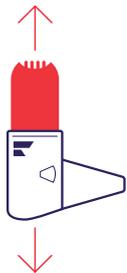
Protective cover

You can use your Bufomix Easyhaler with or without the protective cover. The inhaler can be left in the cover when you inhale.



HOW TO LOAD AND TAKE A DOSE WITH BUFOMIX EASYHALER

It is important that you read the following instructions carefully.



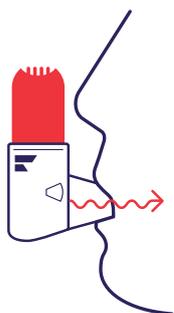
1. SHAKE

- Remove the cap.
- Hold the inhaler upright and shake it 3 to 5 times.
- *Important to remember: It is important to keep the inhaler in an upright position. If you accidentally click the Bufomix Easyhaler when shaking the inhaler, empty the powder from the mouthpiece as instructed.*



2. CLICK

- Hold the Bufomix Easyhaler upright between your index finger and thumb.
- Press once until you hear a click and let it click back. This loads a dose.
- Press only once.
- *Important to remember: The inhaler will not click if the cap is still on. Only click once. If you accidentally click the inhaler more than once, empty the powder out of the mouthpiece according to instructions. Click to feed the dose before inhaling, not at the same time. Continue to hold the inhaler upright when clicking and when inhaling the dose. If you tilt it, the powder may fall out before you can inhale it.*



3. INHALE

- Continue to hold the inhaler upright.
- Breathe out normally.
- Place the mouthpiece in your mouth between your teeth and close your lips tightly around the mouthpiece.
- Take a strong, deep breath.
- Remove the inhaler from your mouth, and then breathe out normally.

If you need to take a second dose, repeat steps 1-3 Shake-Click-Inhale.

After you have used the inhaler:

- Put the dust cap back on the mouthpiece to prevent the inhaler from going off by accident.
- After taking the dose, rinse your mouth with water and spit it out.

INSTRUCTIONS FOR USE



HOW DO I KNOW WHEN THE INHALER IS EMPTY?

The Bufomix Easyhaler has a clear counter that shows how many doses are left. It counts down on every fifth dose, and numbers are shown in intervals of 10 doses. When the numbers appear with a red background, there are 20 doses left. Replace the Bufomix Easyhaler when the counter reaches 0, even though you can still see powder in the window on the back of the Bufomix Easyhaler.

SHELF LIFE AND STORAGE OF THE EASYHALER

The Bufomix Easyhaler can be kept for 4 months after the laminate pouch has been opened.

The Bufomix Easyhaler should be stored at room temperature and protected from moisture. It is available with and without a cover. The cover can be used as extra protection for the inhaler (for further information see the package leaflet).

PREVENTION/RELIEF THERAPY:

BUFOMIX EASYHALER



The Bufomix Easyhaler contains two different medicines: budesonide and formoterol. Budesonide belongs to the group of medicines known as corticosteroids and is used for prevention and relief. It reduces and prevents swelling and inflammation in the lungs. Formoterol dilates the bronchi and makes it easier to breathe. The effect of formoterol occurs within 1-3 minutes after inhaling and on average lasts for 12 hours after a single dose. The Bufomix Easyhaler is available in three strengths of budesonide/formoterol: 80/4.5 micrograms, 160/4.5 micrograms and 320/9 micrograms.



You can find an instructional video on how to use the Bufomix Easyhaler at www.medicininstruktioner.se (you can use the QR code), www.fass.se

Always follow the prescription you have been given. Read through the package leaflet carefully. If you have any questions or wonder about anything regarding your treatment, talk to your doctor or nurse. For further information, see www.fass.se for the public. Never throw away medicines with household refuse. Think about the environment. Left-over medicines can be handed in at a pharmacy.

Bufomix Easyhaler (budesonid/formoterol) **Beredningsform:** Inhalationpulver **Verksam substans:** budesonid/formoterol. **Användningsområde:** Bufomix Easyhaler är ett läkemedel för behandling av av astma hos vuxna och ungdomar i åldern 12-17 år, samt behandla symtom på kroniskt obstruktiv lungsjukdom (KOL) hos vuxna från 18 års ålder. **Försiktighet och varningar:** Tala med läkare eller apotekspersonal innan du tar Bufomix Easyhaler om du har diabetes, har en lunginfektion, har högt blodtryck eller om du någonsin har haft hjärtproblem (inkluderande ojämn hjärtrytm, väldigt snabb puls, förträngning i artärerna eller hjärtsvikt), har problem med sköldkörteln eller med njurarna, har låga halter kalium i blodet, har svåra leverproblem. Kontakta läkare om du upplever dimsyn eller andra synrubbingar. Skölj munnen efter du inhaledat din dos för att undvika svampinfektion i munnen. Om du är gravid eller ammar, tror att du kan vara gravid eller planerar att skaffa barn, rådfråga läkare eller apotekspersonal innan du använder detta läkemedel. Använd inte Bufomix Easyhaler om inte din läkare råder dig till detta. Om du blir gravid under tiden du använder Bufomix Easyhaler, ska du inte sluta använda Bufomix Easyhaler men omedelbart kontakta din läkare. **Ansvarigt företag:** Orion Pharma AB, www.orionpharma.se **Läs alltid bipacksedeln noga.**